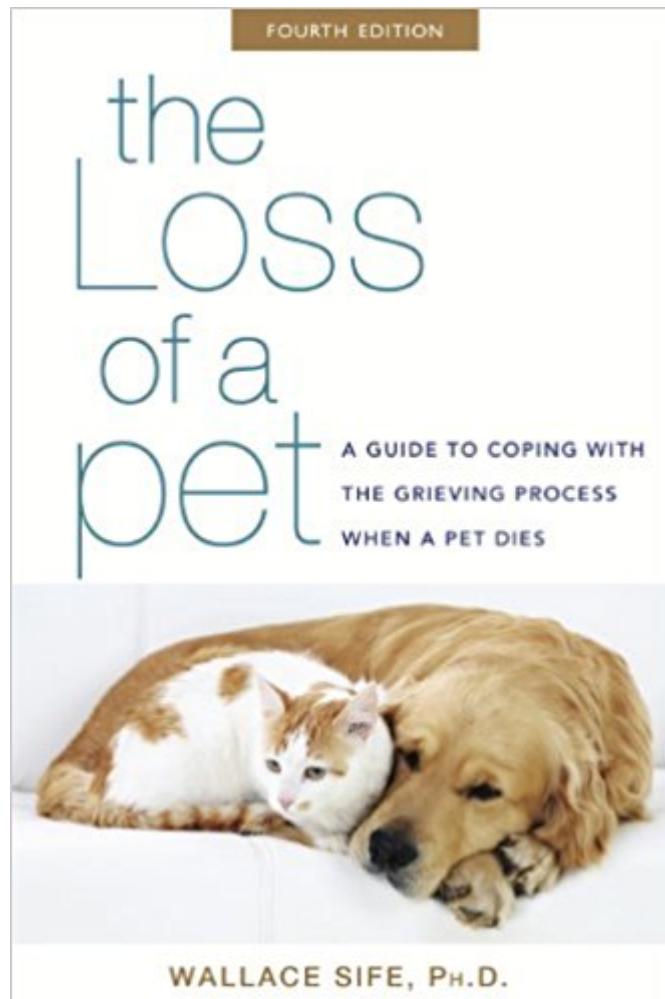


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# The Loss Of A Pet: A Guide To Coping With The Grieving Process When A Pet Dies



## Synopsis

Understanding helps heal the hurt when you lose a pet. This award-winning book has been hailed as the seminal work in the field. And now the fourth newly revised and expanded edition offers so much more to the bereaving pet owner. This edition also includes a significant new way of considering the meaning of afterlife for us and our pets. It discusses the topic from a twenty-first century scientific perspective that is very different from existing religious or metaphysical ones, offering a new comfort to skeptics and agnostics as well. This book will help you in your healing from that special loss. It includes topics such as: \* Validating this special kind of grief \* The grieving process, including typical stages of bereavement and techniques for coping \* Children and the death of a pet \* Euthanasia, including important emotional considerations \* Religion and the death of a pet, with articles by various religious leaders \* Aftercare facilities, including an extensive index of pet cemeteries, crematories, and memorial gardens And there is a special chapter at the end, offering helpful hints and suggestions.

## Book Information

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## Customer Reviews

This is the BEST item I could have bought!!! Every pet owner should have this book ... and every Humane Society or rescue group should recommend it to prospective clients. It helped soooooo much ..... to help me get over my grief of losing my pet of 15 yrs and to prepare for a new pet. BEST BOOK I'VE READ IN A LONG TIME!!!!!!

Grieving for a pet who has died can be one of the most difficult emotions you'll ever experience. I

found that Dr. Sife's book helps put your emotional experiences into perspective, to help you in your grieving journey. He has many suggestions to ease your pain and let's you know that you're not going crazy but only filled with normal reactions. I guarantee this book will become dog-eared.

Best book EVER! I recently lost my beloved dog in October, and this has helped me get through the most terrible time of my life. I would recommend reading this book for anyone who has lost a pet, has a family or friend who lost a pet, or even has a living pet because you will gain so much knowledge from Dr. Sife. I would even say that this would be a great book for understanding any type of loss in your life. I would not have gotten through my grief without this book! Dr. Sife's insight into life itself was very enlightening. I would recommend reading this book before you ever have to deal with the loss of a pet or human.

This book was recommended for me by the APLB.org website & its counsellors. I did find it useful. The author wrote it because he lost his own dachshund and the feelings of grief and loss simply overwhelmed him, too. I think I was too stunned to absorb a lot of the information when I first lost my dog, however the usefulness of having a book to refer to when I needed to vent cannot be underestimated. I will say that because he is an educated man, the language at times felt a bit stiff and unemotional. This is a tough time for a pet owner, and the value will come from being able to read passages as time goes on and I try to readjust to living without my very best friend for the last 15 years :( :( :(

I was beyond grieving for the loss of my best friend and soul mate. My Bella was the love of my life. That 1 dog in a lifetime....This book saved me. She was taken at a young age tragically, and no remains to mourn. This book covers loss in every possible scenario and comforted me like nothing else could. I highly recommend this book to everyone who has experienced excruciating sorrow and profound anguish at the loss of a dear animal companion.

I am so thankful I found this book. My pup and the love of my life passed away unexpectedly and I was devastated. I don't know if I would have been able to make it through without finding this book. My dog was my everything and this book reassured me that my attachment and connection to her were normal and my reaction was expected. My emotions felt understood and validated. I would recommend this to anyone dealing with the loss of a pet. This book has truly been a life saver.

I lost my soulmate in May and was in terrible grief. I found this book on Dr. Sife's website and I can't tell you how much it has helped me. I thought I would never feel a lessening of the pain but I do feel somewhat better. Dr. Sife has a grief chat room too that is available in the evenings which I highly recommend. They are trained facilitators who are incredibly sweet and understanding.

This book is a little wordy if you are grieving the loss of a pet. Often the book takes much time to say something simple. When grieving, you don't need a lot of words to clutter your mind. That being said, it is a good resource and very much worth reading.

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